



## BOY SCOUT REQUIREMENTS

Scout: \_\_\_\_\_

Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

<u>Date</u>	<u>Requirement</u>
_____	1. Meet age requirements: Be a boy who has completed the fifth grade and be at least 10 years old, or be 11 years old, or have earned the Arrow of Light Award and be at least 10 years old, and be under 18 years old.
_____	2. Complete a Boy Scout application and health history signed by your parent or guardian.
_____	3. Find a Scout troop near your home. (To find a troop, contact your local Boy Scout Council. The Council name, address and phone number can be found on BSA's Council Locator Page.)
_____	4. Repeat the Pledge of Allegiance.
_____	5. Demonstrate the Scout sign, salute, and handshake.
_____	6. Demonstrate tying the square knot (a joining knot).
_____	7. Understand and agree to live by the Scout Oath or Promise, Scout Law, motto, and slogan, and the Outdoor Code.
_____	8. Describe the Scout badge.
_____	9. Complete the Pamphlet Exercises. With your parent or guardian, complete the exercises in the pamphlet "How to Protect Your Children from Child Abuse: A Parent's Guide".
_____	10. Participate in a Scoutmaster conference. Turn in your Boy Scout application and health history form signed by your parent or guardian, then participate in a Scoutmaster conference.



## TENDERFOOT REQUIREMENTS

Scout: \_\_\_\_\_

Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

<u>Date</u>	<u>Requirement</u>
_____	1. Present yourself to your leader, properly dressed, before going on an overnight camping trip.
_____	2. Spend at least one night on a patrol or troop campout in a tent you have helped pitch.
_____	3. On the campout, assist in preparing and cooking one of your patrol's meals.
_____	4a. Demonstrate how to whip and fuse the ends of a rope.
_____	4b. Demonstrate you know how to tie the following knots and tell what their uses are: two half hitches and the taut-line hitch.
_____	5. Explain the rules of safe hiking, both on the highway and cross-country, during the day and at night. Explain what to do if you are lost.
_____	6. Demonstrate how to display, raise, lower, and fold the American flag.
_____	7. Repeat from memory and explain in your own words the Scout Oath, Law, motto, and slogan.
_____	8. Know your patrol name, give the patrol yell, and describe your patrol flag.
_____	9a. Explain why we use the buddy system in Scouting.
_____	9b. Explain the importance of the buddy system as it relates to your personal safety.
_____	10a. Record your best in the Physical Fitness Test
_____	10b. Show improvement in the activities after practicing for 30 days.
_____	11. Identify local poisonous plants; tell how to treat for exposure to them.
_____	12a. Demonstrate how to care for someone who is choking.
_____	12b. Show first aid
_____	13. Demonstrate scout spirit by living the Scout Oath (or Promise) and Scout Law in your everyday life.
_____	14. Participate in a Scoutmaster conference.
_____	15. Complete your board of review.



## SECOND CLASS REQUIREMENTS

Scout: \_\_\_\_\_

Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

<u>Date</u>	<u>Requirement</u>
_____	1a. Demonstrate map and compass use.
_____	1b. Using a compass and a map together, take a 5-mile hike (or 10 miles by bike)
_____	2a. Troop/patrol activity participation.
_____	2b. Select your patrol site and sleep in a tent that you pitched.
_____	2c. Use of the knife, saw, and ax, and describe when they should be used.
_____	2d. Prepare tinder, kindling, and fuel for a cooking fire.
_____	2e. Discuss the safety procedures for using a stove.
_____	2f. Demonstrate how to light a fire and a lightweight stove.
_____	2g. Cook over an open fire one hot breakfast or lunch for yourself.
_____	3. Participate in a flag ceremony.
_____	4. Participate in an approved (minimum of one hour) service project.
_____	5. Identify or show evidence of at least ten kinds of wild animals in your community.
_____	6a. Show what to do for "hurry" cases of stopped breathing, serious bleeding, and internal poisoning.
_____	6b. Prepare a personal first aid kit to take with you on a hike.
_____	6c. Demonstrate first aid.
_____	7a. Tell what precautions must be taken for a safe swim.
_____	7b. Demonstrate safe swimming requirement.
_____	7c. Demonstrate water rescue methods.
_____	8a. Participate in a school, community, or troop program on the dangers of using drugs, alcohol, and tobacco, and other practices that could be harmful to your health. Discuss your participation in the program with your family.
_____	8b. Explain the three R's of personal safety and protection.
_____	9. Demonstrate scout spirit by living the Scout Oath (or Promise) and Scout Law in your everyday life.
_____	10. Participate in a Scoutmaster conference.
_____	11. Complete your board of review.



## FIRST CLASS REQUIREMENTS

Scout: \_\_\_\_\_

Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

<u>Date</u>	<u>Requirement</u>
_____	1. Find directions during the day and at night without using a compass.
_____	2. Using a compass, complete an orienteering course.
_____	3. Since joining, have participated in ten separate troop/patrol activities (other than troop/patrol meetings), three of which included camping overnight.
_____	4a. Help plan a patrol menu for one campout that includes at least one breakfast, one lunch, and one dinner and that requires cooking at least two meals.
_____	4b. Make a list showing the cost and food amounts needed to feed three or more boys.
_____	4c. Tell which utensils and other gear will be needed to cook and serve these meals.
_____	4d. Explain food handling, storage and disposal safety.
_____	4e. On one campout, serve as your patrol's cook.
_____	5. Visit with an elected official, judge, attorney, civil servant, principal, teacher.
_____	6. Identify at least ten kinds of native plants found in your community.
_____	7a. Discuss when you should and should not use lashings.
_____	7b. Demonstrate tying the timber hitch and clove hitch and their use in square, shear, and diagonal lashings by joining two or more poles or staves together.
_____	7c. Use lashing to make a useful camp gadget.
_____	8a. Demonstrate tying the bowline knot and describe several ways it can be used.
_____	8b. Demonstrate bandages for a sprained ankle, head injuries, upper arm, and collarbone.
_____	8c. Show how to transport by an injured person.
_____	8d. Tell the five most common signs of a heart attack. Explain CPR.
_____	9a. Tell what precautions must be taken for a safe trip afloat.
_____	9b. Successfully complete the BSA swimmer test.
_____	9c. With a helper and a practice victim, show a line rescue both as tender and rescuer.
_____	10. Demonstrate scout spirit by living the Scout Oath (or Promise) and Scout Law in your everyday life.
_____	11. Tell someone who is eligible to join Boy Scouts about the troop and invite him to a troop outing, activity, service project or meeting. Invite him to join.
_____	12. Describe the tree things you should avoid doing related to the use of the Internet.
_____	13. Participate in a Scoutmaster conference.
_____	14. Complete your board of review.



## STAR RANK REQUIREMENTS

Scout: \_\_\_\_\_

Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

<u>Date</u>	<u>Requirement</u>
_____	1. Be active in your troop and patrol for at least 4 months as a First Class Scout.
_____	2. Demonstrate scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.
_____	3. Earn 6 merit badges, including 4 from the required list for Eagle.*
	_____ (required for Eagle)*
	_____ (required for Eagle)*
	_____ (required for Eagle)*
	_____ (required for Eagle)*
	_____
	_____
_____	4. While a First Class Scout, take part in service projects totaling at least 6 hours of work.
_____	5. While a First Class Scout, actively serve in a position of responsibility for 4 months (or carry out a Scoutmaster-assigned leadership project to help the troop).
	<u>Positions are:</u>
	Patrol Leader
	Assistant Senior Patrol Leader
	Senior Patrol Leader
	Troop Guide
	Order of the Arrow Troop Representative
	Den Chief
	Scribe
	Librarian
	Historian
	Quartermaster
	Bugler
	Jr Asst Scoutmaster
	Chaplain Aide
	Instructor
_____	6. Take part in a Scoutmaster conference
_____	7. Complete your board of review.

\* A Scout may choose any of the 15 required merit badges in the 12 categories to fulfill requirement 3.



### LIFE RANK REQUIREMENTS

Scout: \_\_\_\_\_

Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

<u>Date</u>	<u>Requirement</u>
_____	1. Be active in your troop and patrol for at least 6 months as a Star Scout.
_____	2. Demonstrate Scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.
_____	3. Earn 5 more merit badges (so that you have 11 in all), including any 3 more from the required list for Eagle.
	_____ (required for Eagle)*
	_____ (required for Eagle)*
	_____ (required for Eagle)*
	_____
_____	4. While a Star Scout, take part in service projects totaling at least 6 hours of work.
_____	5. While a Star Scout, serve actively 6 months in one or more of the positions of responsibility listed in requirement 5 for Star Scout (or carry out a Scoutmaster-assigned leadership project to help the troop).
_____	6. Take part in a Scoutmaster conference
_____	7. Complete your board of review.

\* A Scout may choose any of the 15 required Merit Badges in the 12 categories to fulfill requirement 3.



## EAGLE RANK REQUIREMENTS

Scout: \_\_\_\_\_

Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

### Date

### Requirement

- \_\_\_\_\_ 1. Be active in your troop and patrol for at least 6 months as a Life Scout.
- \_\_\_\_\_ 2. Demonstrate Scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.
- \_\_\_\_\_ 3. Earn a total of 21 merit badges including the following:
- |  |   |
|--|---|
| _____ a. First Aid                             | _____ g. Personal Fitness               |
| _____ b. Citizenship in the Community          | _____ h. Environmental Science          |
| _____ c. Citizenship in the Nation             | _____ i. Personal Management            |
| _____ d. Citizenship in the World              | _____ j. Camping                        |
| _____ e. Communications                        | _____ k. Family Life                    |
| _____ f. Emergency Preparedness OR Lifesaving* | _____ l. Swimming OR Hiking OR Cycling* |
- \_\_\_\_\_ 4. While a Life Scout, serve actively for a period of 6 months in one or more positions of responsibility.
- \_\_\_\_\_ 5. While a Life Scout lead others in a service project (you must use the *Eagle Scout Leadership Service Project Workbook*). The project must be approved by the organization (not Boy Scouts), your Scoutmaster and troop committee and the council or district before you start.
- \_\_\_\_\_ 6. Take part in a Scoutmaster conference.
- \_\_\_\_\_ 7. Successfully complete an Eagle Scout board of review

\* You must choose only one merit badge listed in items g and j. If you have earned more than one of the badges listed in items g and j, choose one and list the remaining badges to make your total of 21.

- **AGE REQUIREMENT ELIGIBILITY.** Merit badges, badges of rank, and Eagle Palms may be earned by a registered Boy Scout, Varsity Scout, or Venturer. He may earn these awards until his 18th birthday. Any Venturer who achieved the First Class rank as a Boy Scout in a troop or Varsity Scout in a team may continue working for the Star, Life, and Eagle Scout ranks and Eagle Palms while registered as a Venturer up to his 18th birthday. Scouts and Venturers who have completed all requirements prior to their 18th birthday may be reviewed within three months after that date with no explanation. Boards of Review conducted between three and six months after the candidate's 18th birthday must be preapproved by the local council. A statement by an adult explaining the reason for the delay must be attached to the Eagle Scout Rank Application when it is submitted to the Eagle Scout Service. The Boy Scout Division at the national office must be contacted for procedures to follow if a board of review is to be conducted more than six months after a candidate's 18th birthday.
- If you have a permanent physical or mental disability, you may become an Eagle Scout by qualifying for as many required merit badges as you can and qualifying for alternative merit badges for the rest. If you seek to become an Eagle Scout under this procedure, you must submit a special application to your local council service center. Your application must be approved by your council advancement committee before you can work on alternative merit badges.
- A Scout or Venturer with a disability may work toward rank advancement after he is 18 years of age. See *Advancement Committee Policies and Procedures*, No. 33088 for details.



## EAGLE PALM REQUIREMENTS

Scout: \_\_\_\_\_ Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

<u>Date</u>	<u>Requirement</u>
_____	1. Be active in your troop and patrol for at least 3 months after becoming an Eagle Scout or after award of last Palm. (Eagle Palms must be earned in sequence, and the three-month tenure requirement must be observed for each Palm.)
_____	2. Demonstrate Scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.
_____	3. Make a satisfactory effort to develop and demonstrate leadership ability.
_____	4. Earn five additional merit badges beyond those required for Eagle or last Palm. (Merit badges earned any time since becoming a Boy Scout may be used to meet this requirement.)
_____	5. Take part in a Scoutmaster conference.
_____	6. Complete a board of review.

You may wear only the proper combination of Palms for the number of merit badges you earned beyond the rank of Eagle. The Bronze Palm represents five merit badges, the Gold Palm 10, and the Silver Palm 15.





## TRAIL TO EAGLE ADVANCEMENT NOTEBOOK

This book was prepared for you by troop volunteers. Every effort has been made to ensure this information is as complete and current as possible. All requirements listed can be found in the *2007 Boy Scout Requirements* book. All definitions listed, as well as extensive articles and other links which will assist in rank advancement, merit badges, etc., can be found at the website: [meribtbadge.org](http://meribtbadge.org). If you discover incorrect information in this notebook, please bring it to the attention of the Scout Master.

### INSTRUCTIONS TO HELP YOU USE THIS ORGANIZER to its full potential:

Personalize the cover by writing **your scouts name in the yellow bar and down the spine binding.**

It is his book and this will make it more easily recognized. Have your scout get in the habit of carrying this notebook with him at all scout functions. It is so much easier to enter data when you are involved and right there. As your scout advances in rank, have him place the appropriate **rank sticker on the cover.** It is an added motivator to help him see his progress toward Eagle.

Fill in as much data as you can on the **individual record page.** Your troop advancement chair can help with any missing dates. Take the time to transfer information to **the camping and service pages** now, then record activities and camping dates as they occur. When you get to the Eagle application and Board of Review it will be much easier to recall dates.

The first clear plastic card holder sheet is to hold the **rank advancement cards** that come with each rank patch. Make sure these are fully filled out and signed before they go into the notebook. This is also a good place to keep any special award cards such as Arrow of Lights, or Totin' Chip cards that your scout has earned along the way.

Make sure your scout brings this notebook to any scoutmaster conferences or Boards of Review and obtains the signatures on the **rank advancement pages.** (If advancement requirements are signed off in the scout handbook, make copies of the signed pages from the handbook and insert them in the advancement notebook.) Help him develop vital organization skills now and it will help him in the future!

The next set of clear plastic card holder sheets are for holding the **blue merit badge cards** after the badge has been completed. Make sure the cards are fully filled out and signed before they are placed in the notebook. More clear plastic card holder sheets can be purchased at the Boy Scout store or anywhere collectible trading cards are sold.

## DEFINITIONS/QUICK REFERENCE:

The **SCOUT OATH** or Promise is a pledge to help our community, our world, and ourselves. It reads as follows:

On my honour, I will do my best to do my duty to God and my country, to obey the **Scout Law**, to help other people at all times, and to keep myself physically strong, mentally awake, and morally straight.

The **SCOUT LAW** consists of twelve points intended to guide the behavior and decisions of scouts and scouters. The Scout Law is:

A Scout is...

- Trustworthy,
- Loyal,
- Helpful,
- Friendly,
- Courteous,
- Kind,
- Obedient,
- Cheerful,
- Thrifty,
- Brave,
- Clean, and
- Reverent

The **SCOUT MOTTO** is "Be Prepared."

The **SCOUT SLOGAN** is "Do a good turn daily." On rank patches, the scroll is turned upwards into the shape of a smile to remind Scout to do a good turn cheerfully.

The **OUTDOOR CODE** is a pledge to be considerate of, and in, the outdoors. It reads as follows:

*As an American, I will do my best to be clean in my outdoor manners, be careful with fire, be considerate in the outdoors, and be conservation-minded.*

A **BOARD OF REVIEW** is the final requirement for each Scouting rank. It is to be presided over by three members of the troop committee. It has three main goals: to make sure the Scout has done what he was supposed to do for the rank; to see how good an experience the Scout is having in the unit; and to encourage the Scout to progress further. The decision of all boards of review is arrived at through discussion and must be unanimous.

### **SERVICE PROJECTS** - From MeritBadge.Org

*Source: Advancement Committee Policies and Procedures, #33088B, revised 1999*

**Second Class Rank.** For the Second Class Rank, a Scout must participate in a service project or projects approved by his Scoutmaster. The time of service must be a minimum of one hour. This project prepares a Scout for the more involved service projects he must perform for the Star, Life, and Eagle Scout Ranks.

**Star and Life Ranks.** For Star and Life ranks, a Scout must perform six hours of service to others. This may be done as an individual project or as a member of a patrol or troop project. Star and Life service projects may be approved for Scouts assisting on Eagle service projects. The Scoutmaster approves the project before it is started.

**Eagle Scout Rank.** For a service project to qualify as an Eagle Scout service project, the Scout, while a Life Scout, must plan, develop, and give leadership to others in a service project benefiting any religious institution, school, or

community. These projects, of course, must conform to the wishes and regulations of those for whom the project is undertaken.

The Eagle Scout service project provides the opportunity for the Eagle Scout candidate to demonstrate the leadership skills he has learned in Scouting. He does the project outside the sphere of Scouting.

As a demonstration of leadership, the Scout must plan the work, organize the personnel needed, and direct the project to its completion.

Service to others is important. Work involving council property or other BSA activities is not acceptable for an Eagle Scout service project. The service project also may not be performed for a business, or be of a commercial nature, or be a fund-raiser.

**NOTE: Fundraising is permitted only for securing materials or supplies needed to carry out the project.**

Routine labor, a job or service normally rendered, should not be considered. There is no minimum number of hours that must be spent on carrying out the project. The amount of time spent must be sufficient for the Scout to clearly demonstrate leadership skills.

**The *Eagle Scout Service Project Workbook*, No. 18-927, must be used to meet this requirement** (a copy of this can be found at the end of this notebook).

The Scout must secure the prior approval of his unit leader, his unit committee, and the benefactor of the project. The project must also be reviewed and approved by the district or council advancement committee or their designee to make sure that it meets the stated standards for Eagle Scout service projects before the project is started. This pre-approval of the project does not mean that the board of review will approve the way the project was carried out.

Upon completion of the project, the *Eagle Scout Service Project Workbook*, properly filled out, is submitted with the Scout's Eagle application to include the following information:

- What was the project?
- How did it benefit others?
- Who from the group benefiting from the project gave guidance?
- Who helped carry out the project?
- What materials were used and how were they acquired?

Although the project idea must be approved before work is begun, the board of review must determine the manner in which the project was carried out. Questions that must be addressed include:

- Did the candidate demonstrate leadership of others?
- Did he indeed direct the project rather than do all the work himself?
- Was the project of real value to the religious institution, school, or community group?
- Who from the group benefiting from the project may be contacted to verify the value of the project?
- Did the project follow the approved plan or were modifications needed to bring it to its completion?

All the work on the project must be done while the candidate is a Life Scout and before the candidate's 18th birthday, unless a time extension has been allowed (see the section titled "Time Extensions").

The Eagle Scout service project is an *individual* matter; therefore, two Eagle Scout candidates may not receive credit for working on the same project.

The variety of service projects performed throughout the nation by Scouts earning their Eagle Award is staggering. For ideas and opportunities regarding service projects, the Scout can consult people such as school administrators, religious leaders, local government department directors, or a United Way agency's personnel.

The district or council advancement committee also can be helpful by identifying possible projects.

## MERIT BADGES - From MeritBadge.Org

Retrieved from "[http://meritbadge.org/mborg/index.php?title=Merit\\_Badges](http://meritbadge.org/mborg/index.php?title=Merit_Badges)"

Merit badges are the second main area of the Boy Scout advancement program. Unlike ranks, there is a degree of choice in the merit badge program. A sub-group of merit badges are known as Eagle required merit badges. To earn Eagle Scout, most of these badges must be earned although some are "either/or" badges. The remainder of the badges help with earning ranks as well as Eagle Palms after the Eagle Scout award has been earned.

American Business	Cooking	Indian Lore	Railroading
American Cultures	Crime Prevention	Insect Study	Reading
American Heritage	<b>Cycling</b>	Journalism	Reptile and Amphibian Study
American Labor	Dentistry	Landscape Architecture	Rifle Shooting
Animal Science	Disabilities Awareness	Law	Rowing
Archaeology	Dog Care	Leatherwork	Safety
Archery	Drafting	<b>Lifesaving</b>	Salesmanship
Architecture	Electricity	Mammal Study	Scholarship
Art	Electronics	Medicine	Sculpture
Astronomy	<b>Emergency Preparedness</b>	Metalwork	Shotgun Shooting
Athletics	Energy	Model Design and Building	Skating
Auto Mechanics	Entrepreneurship	Motorboating	Small-Boat Sailing
Aviation	<b>Environmental Science</b>	Music	Snow Sports
Backpacking	<b>Family Life</b>	Nature	Soil and Water Conservation
Basketry	Farm Mechanics	Nuclear Science	Space Exploration
Bird Study	Fingerprinting	Oceanography	Sports
Bugling	Fire Safety	Orienteering	Stamp Collecting
<b>Camping</b>	<b>First Aid</b>	Painting	Surveying
Canoeing	Fish and Wildlife Management	<b>Personal Fitness</b>	<b>Swimming</b>
Chemistry	Fishing	<b>Personal Management</b>	Textile
Cinematography	Fly Fishing	Pets	Theater
<b>Citizenship in the Community</b>	Forestry	Photography	Traffic Safety
<b>Citizenship in the Nation</b>	Gardening	Pioneering	Truck Transportation
<b>Citizenship in the World</b>	Genealogy	Plant Science	Veterinary Medicine
Climbing	Geology	Plumbing	Waterskiing
Coin Collecting	Golf	Pottery	Weather
Collections	Graphic Arts	Public Health	Whitewater
<b>Communications</b>	<b>Hiking</b>	Public Speaking	Wilderness Survival
Composite Materials	Home Repairs	Pulp and Paper	Wood Carving
Computers	Horsemanship	Radio	Woodwork

Note: Merit badges displayed in a **bold font** are Eagle required merit badges.

Boy Scouts may work on merit badges from the time they join a Scout troop until they turn 18 years old. There is no time limit for completion of merit badges other than age 18.

For advice on how to begin a merit badge and for a list of the available merit badge worksheets visit [meritbadge.org](http://meritbadge.org).